

## NOTICE OF MOTION

November 17, 2008

City Clerk  
City Hall  
Regina, Saskatchewan

Dear Madam:

Please be advised I will submit the following MOTION at the meeting of City Council on Monday, November 17, 2008

### **Re: What Sport Can Do – The True Sport Report**

WHERE AS On November 6, the Canadian Centre for Ethics in Sport (CCES), on behalf of the True Sport Movement, released *What Sport Can Do: The True Sport Report*; AND

WHERE AS True Sport is a national movement for sport and community. Its core mission is to be a catalyst to help sport live up to its full potential as a public asset for Canada and Canadian society – making a significant contribution to the development of youth, the well-being of individuals, and quality of life in our communities; AND

WHERE AS There is now evidence that sport's benefits go far beyond the positive health effects of physical activity that have long been understood including:

- A healthier, more active population
- Improved school enrolment, attendance and achievement
- More employable youth with transferable life skills
- Less youth crime and gang involvement
- Lower rates of teen pregnancy and health risk behaviour
- More inclusive communities
- Higher levels of social capital and social trust
- Faster community integration of newcomers
- Improved inclusion, health and wellbeing of people with disabilities
- Strengthened Aboriginal communities and youth
- Improved workplace skills and productivity
- Enhanced sport tourism and neighbourhood renewal efforts
- Attraction of mobile knowledge workers and companies that hire them
- Improved environmental awareness and social mobilization; AND

WHERE AS No other aspect of community life has demonstrated sport's capacity to connect so many young people to positive adult role models and mentors, opportunities for positive development, and help in acquiring critical life skills; AND

WHERE AS To gain these valuable benefits the sport we do must be good sport, built on the values of excellence, fair play, fun and inclusion; AND

THEREFORE, BE IT RESOLVED THAT The City of Regina declare itself a **True Sport Community**, joining over 1400 other True Sport communities, organizations, clubs, leagues, and teams across Canada; AND

BE IT FURTHER RESOLVED As a community we work to ensure the following steps are taken including:

1. **Ensuring equitable access to sport facilities and programs** especially for new Canadians, low-income people, and those with disabilities.
2. **Setting clear standards for ethical behaviour and inclusion** for all municipally funded sport facilities and programs.
3. **Asking how sport can help advance key social and economic goals** and developing strategies and linkages to make it happen.
4. **Facilitating dialogue between sport and other community organizations** and working together to achieve community objectives.
5. **Developing an integrated community sport plan** aimed at providing accessible, quality sport experiences to all community members.

Respectfully submitted,

Pat Fiacco  
Mayor