

# THE TRUE SPORT PRINCIPLES IN ACTION

# TRUE SPORT



## INCLUDE EVERYONE

**Behavioural indicators** of someone who lives the Include Everyone principle include inviting, welcoming and sharing sport with all people, particularly those from equity-deserving groups.

### A PARTICIPANT WHO LIVES THE INCLUDE EVERYONE PRINCIPLE:



- > Champions diversity.
- > Celebrates individuality.

### A TRUE SPORT ENVIRONMENT THAT EXEMPLIFIES THE INCLUDE EVERYONE PRINCIPLE:



- > Promotes diverse representation.
- > Includes language diversity.
- > Adapts programming.
- > Ensures age- and stage-appropriate programming that aligns with long-term development.



- > Appreciates, accepts and values their own unique abilities.



- > Supports the individual pursuit of personal development.
- > Encourages all participants.

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