

TRUE SPORT LIVES HERE: PARENTS

Start your True Sport journey here. Because good sport can make a great difference.

JOIN

Join thousands of Canadians who are committed to good sport and show all that good sport has to offer!



FOLLOW

Subscribe to the True Sport mailing list and follow @TrueSportpur on Twitter, Instagram and Facebook for inspiring stories, news and resources.



PROMOTE

Talk openly about your **commitment to True Sport** and what it means to you. Share **The Ride Home** with other parents and the sport organization to introduce them to True Sport.



ACTIVATE

Demand a True Sport experience for your child and invite others to **commit to True Sport**.



INSPIRE

Model and encourage a **True Sport experience**.



CELEBRATE

Foster a **culture of Giving Back** by modelling and providing opportunities for your child to mentor younger athletes and volunteer their time.



DISPLAY

Use the **True Sport Activity Calendar** to track your child's True Sport engagement and recognize their multi-sport learning.



SHARE

Use the **#TrueSportMoments** hashtag to share your **True Sport stories** on social media.