

August 20, 2024

Canadian Centre for Ethics in Sport,

Physical and Health Education Canada (PHE Canada) is proud to endorse *three volumes of the True Sport Experience – Volume 1: FUNdamentals, Volume 2: Learn to Train, and Volume 3: Train to Train.*

After a comprehensive review process by PHE Canada, including consultation with an advisory team of experienced educators and sector experts from across Canada, the program has been recognized for its support of quality physical and health education programming and the promotion of healthy learning environments for students. More specifically, the program was assessed on quality of content, accuracy and readability, pedagogy, application, relevance, inclusivity, design and illustrations, overall value to educators, and contribution to the health and well-being of students across Canada.

Congratulations on the development of this exceptional program that will support educators in planning and delivering meaningful learning experiences and provide opportunities for students to develop the knowledge, skills, and attitudes to lead resilient, active, and healthy lives.

Sincerely,

A handwritten signature in black ink that reads "Jo Sheppard".

Dr. Jo Sheppard  
PHE Canada President

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**About Physical and Health Education Canada (PHE Canada)**

Founded in 1933, PHE Canada is a national charitable association and Canada's recognized leader in physical and health education. PHE Canada empowers the Canadian Physical and Health Education Community with quality programs, professional development services, and community activations to ensure equitable access to the benefits of quality physical and health education and healthy learning environments for all 5 million students and 15,000+ schools communities across Canada. By promoting and advancing quality physical and health education and healthy learning environments, PHE Canada helps ensure each and every child and youth in Canada has the knowledge, skills, and attitudes to lead resilient, active, and healthy lives.

For more information on PHE Canada, please visit [www.phecanada.ca](http://www.phecanada.ca)

