

keep it fun play fair
go for it respect others
include everyone
stay healthy
give back



TRUEPLAY MULTISPORT

12 weeks | 5-7 sports | Ages 7 & 8

Limited spots: 15 players per session

Cost: \$180.00

TRUE
SPORT
LIVES HERE

WHY TRUEPLAY MULTISPORT?

- ✓ Increase physical skills
- ✓ Ethical decision making skills
- ✓ More fun/Less burnout
- ✓ Character development

POSSIBLE SPORTS?

- ✓ Soccer
- ✓ Indoor Snowboarding
- ✓ Gymnastics
- ✓ Ultimate Frisbee

FOR THE PARENTS

Learn more about quality sport and how to best support your young athlete! Parents are requested to participate in-house parent engagement sessions.

Wednesdays, October 4th – December 20th

Session 1: 6:00-7:00pm (boys & girls)

Session 2: 7:00-8:00pm (boys & girls)

D. Roy Kennedy Public School

919 Woodroffe Avenue

Ottawa, ON

INCLUDED SESSION

*Play Assessment
for Physical Literacy*



TO REGISTER:

All registrations are done through our community partner: Ottawa City Soccer

See page 2 for detailed instructions, or:

go to the [Ottawa City SC Member Zone](#)

“2017-18 INDOOR: RDP/RECREATIONAL:

TRUEPLAY MULTI-SPORT - FALL

(2010-11 BOYS & GIRLS)”

Deadline: September 27, 2017



RBC
Learn to Play
Project

Questions? Contact: Amanda
aburford@truesportpur.ca

All special sporting equipment provided

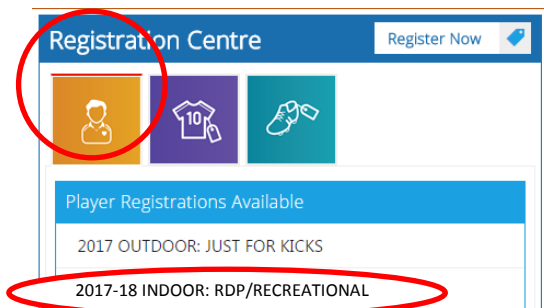
TRUEPlay Multisport - Registration steps

Any questions, please contact aburford@truesportpur.ca

1) Go to the [Ottawa City SC Member Zone](#).

- Create a New Member account
 - Or use your current one
- Click the Sign Up button to the right to get started and follow the instructions to create an account for your child.

2) Choose the icon for player registrations and select "2017-18 INDOOR: RDP/RECREATIONAL"



3) Scroll down to the description for "2017-18 INDOOR: RDP/RECREATIONAL » TRUEPLAY MULTI-SPORT - FALL (2010-11)" and check mark the description.

4) Select the product and click "add to basket"

TRUEPLAY MULTI SPORT - FALL (2010-2011)

TRUEPlay Multisport is a 14 week, 5-7 sport introductory program where children have the opportunity to learn and develop age appropriate skills in up to 7 new sports. They will enjoy possible sports like gym ringette/hockey, soccer/rugby, basketball/volleyball, ultimate frisbee/softball-baseball, yoga/ martial arts. Athletes will also participate a series of physical literacy assessment tools. Parents will be involved as they can learn more about quality sport and how to best support young athletes. Parents will be asked to participate in 3 engagement sessions (see schedule in flyer) during the 14 week program. See [flyer](#) and/or TruePlay website [here](#).

TRUEPlay Multisport	Location	Start/End	#Sessions	Day/Time	Fees
Boys & Girls 2010-2011	DRoy Kennedy	Sep 20 - Dec 20	14	Wednesday 6-7p	\$210
Boys & Girls 2010-2011	TBD	Sep 16	BONUS DATE PLAY Assessment for Physical Literacy for both 6-7p & 7-8p sessions		Saturday 8:30-11:30a Included
Boys & Girls 2010-2011	DRoy Kennedy	Sep 20 - Dec 20	14	Wednesday 7-8p	\$210

15 participants per session (max). All programs above run 55 minutes. Boys and Girls are in mixed groups.

1 Products selected

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5) Finish payment process and print copy of receipt.